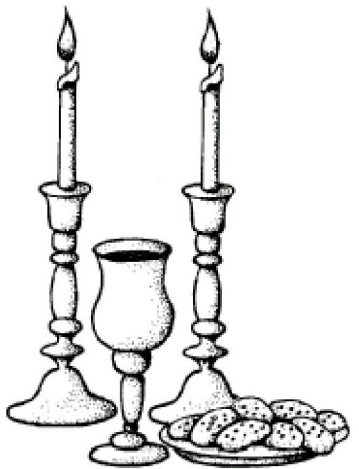


Foreword

Shabbat is one of the most vital and meaningful Feasts of Adonai, and is an essential part of anyone living or seeking to live a Messianic Jewish lifestyle. As commanded in Leviticus 23:3, Shabbat is a complete day of rest where we are to commune with Elohim and our families. Sometimes, even this rest is something to be learned, as we must choose to lay aside our busy lives and learn to rest in Elohim. It is our hope that this book will help you find that rest by introducing Shabbat into your home, with all of its beautiful traditions that our people have followed for countless generations.

Shabbat Shalom!



Kabbalat Shabbat

Welcoming the Sabbath

Shema

All Sing:

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד.
בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

*Shema, Yisrael, Adonai Eloheinu Adonai echad.
Baruch shem k'vod malchuto l'olam vaed.*

Hear, O Israel, Adonai Eloheinu, Adonai is one.
Blessed be His name. His glorious kingdom is forever and ever.

Hadlakat Nerot

Mother lights the candles and says:

בְּרוּךְ הוּא וּבְרוּךְ שְׁמוֹ.

Baruch Hu u'varuch Shemo.

Blessed be He and blessed be His name.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתוֹ
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*Baruch ata Adonai Eloheinu Melech HaOlam, asher kidshanu
b'mitzvotav, v'tzivanu l'hadlik ner shel Shabbat.*

Blessed art Thou, Adonai Eloheinu, King of the universe, Who sanctifies us with Your commandments and enables us to light the Sabbath candles.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּדְבָרְךָ וְנָתַן
לָנוּ אֶת יְשׁוּעַ מְשִׁיחֵנוּ וְצִוָּנוּ לְהִיּוֹת אוֹר לְעוֹלָם.

*Baruch ata Adonai Eloheinu Melech HaOlam, asher kidshanu
bidvarecha, v'natan lanu et Yeshua M'shicheinu, v'tzivanu l'hiyot
or laolam.*

Blessed art Thou, Adonai Eloheinu, King of the universe, Who sanctifies us in Your Word, and have given us Yeshua our Messiah and commanded us to be lights to the world.

As these Sabbath candles give light to all who behold them, so may we, by our lives, give light to all who behold us.



יְהִי רָצוֹן מִלְּפָנֶיךָ יְיָ אֱלֹהֵינוּ וְאֱלֹהֵי אֲבוֹתֵינוּ שִׁיבֵנָה בַּיִת
הַמְּקֻדָּשׁ בְּמַהֲרָה בְּיָמֵינוּ וְתֵן חֶלְקֵנוּ בְּתוֹרָתֶךָ. וְשָׁם נַעֲבֹדֶךָ
בִּירְאָה כְּיָמֵי עוֹלָם וּכְשָׁנִים קְדָמוֹנִיּוֹת. וְעֲרָבָה לִּי מִנַּחַת
יְהוּדָה וִירוּשָׁלַיִם כְּמִי עוֹלָם וּכְשָׁנִים קְדָמוֹנִיּוֹת.

*Yehi ratzon milfanecha Adonai Eloheinu v' Elohei avoteinu, sheh'yebaneh
Beit HaMikdash bimheyra v'yamenu, v'tain chelkeinu b'Torah'techa.
V'sham na'avad'cha b'yira kimay olam uchshanim kadmoniot. V'ar'va
la'Adonai min'chat yehudah vi'yerushalayim kimey olam uch'shanim
kadmoniot.*

May it be Your will, Adonai Eloheinu, and Elohim of our fathers, that the Temple be rebuilt speedily in our days. Grant us our share in your Torah. There we will serve You with reverence as in days of old and in former times. Then the offerings of Judah and Jerusalem will be pleasing to Adonai as in days of old and in former times.



Shalom Aleichem - Peace unto you

All Sing:

שְׁלוֹם עֲלֵיכֶם, מַלְאַכֵי הַשָּׁרַת, מַלְאַכֵי עֲלִיּוֹן, מִמְּלַךְ מַלְכֵי
הַמְּלָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא.
בוֹאֲכֶם לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם, מַלְאַכֵי עֲלִיּוֹן, מִמְּלַךְ מַלְכֵי
הַמְּלָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא.
בְּרַחוּמֵי לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם, מַלְאַכֵי עֲלִיּוֹן, מִמְּלַךְ מַלְכֵי
הַמְּלָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא.
צֵאתְכֶם לְשָׁלוֹם, מַלְאַכֵי הַשָּׁלוֹם, מַלְאַכֵי עֲלִיּוֹן, מִמְּלַךְ מַלְכֵי
הַמְּלָכִים, הַקְּדוֹשׁ בְּרוּךְ הוּא.

Shalom aleichem, malachei hashareit, malachei elyon, mimelech malchei ham'lachim, HaKadosh baruch Hu.

Boachem l' shalom, malachei ha shalom, malachei elyon, mimelech malchei ham'lachim, HaKadosh baruch Hu.

Barchuni l' shalom, malachei ha shalom, malachei elyon, mimelech malchei ham'lachim, HaKadosh baruch Hu.

Tzeit'chem l' shalom, malachei ha shalom, malachei elyon, mimelech malchei ham'lachim, HaKadosh baruch Hu.

Peace to you, ministering angels, angels of the Most High Elohim.

Sovereign One, King of kings, the Holy One, Blessed be He.

Enter in peace, angels of peace, angels of the Most High Elohim.

Sovereign One, King of kings, the Holy One, Blessed be He.

Bless me with peace, angels of peace, angels of the Most High Elohim. Sovereign One, King of kings, the Holy One, Blessed be He.

Depart in peace, angels of peace, angels of the Most High Elohim.

Sovereign One, King of kings, the Holy One, Blessed be He.

The Family Blessings

Ayshet Chayil - A woman of valor

Husband will bless his wife:

אִשֶׁת-חַיִּל מִי יִמְצָא וְרָחַק מִפְּנֵינִים מִכָּרָה. בָּטַח בָּהּ לֵב
בְּעֵלָהּ וְשָׁלַל לֹא יִחְסֹר. גָּמְלָתָהּ טוֹב וְלֹא-רָע כֹּל יְמֵי חַיֶּיהָ.
כָּפָה פִּרְשָׁה לְעַנִּי וַיְדִיחַ שְׁלֵחָהּ לְאַבְיוֹן. עֲזָוְהָדָר לְבוֹשָׁה
וְתִשְׁחַק לְיוֹם אַחֲרוֹן. פִּיהָ פִּתְחָהּ בְּחֻכְמָה וְתוֹרַת-חֶסֶד
עַל-לְשׁוֹנָהּ. קָמוּ בָנֶיהָ וַיֹּאשְׁרוּהָ בְּעֵלָהּ וַיְהַלְלֶהָ. רַבּוֹת בָּנוֹת
עָשׂוּ חַיִּל וְאַתְּ עָלִית עַל-כָּלָנָהּ. שִׁקְר הַחַן וְהַבֵּל הֵיפִי אִשָּׁה
יִרְאֶת-יְיָ הִיא תִתְהַלֵּל. תִּנּוּ-לָהּ מִפְּרֵי יְדֶיהָ וַיְהַלְלוּהָ בְּשִׁעָרִים
מִעֲשֵׂיהָ.

*Ayshet-chayil mi yimtza v' rachok mip'ninim michrah. Batach bah lev
ba'lah v'shalal lo yechsar. Gemalat'hu tov v'lo-ra kol yemey chayeha. Kapah
parsah le'ani v'yadeha shilchah laevyon. Oz-v'hadar l'vushah vatis'chak
l'yom acharon. Piha pat'chah v'chach'ma v'torat-chesed al-l'shonah. Kamu
vaneha va'ash'ruha balah va'hal'lah. Rabot banot asu chayil v'at alit al-
chulanah. Sheker hachen v'hevel hayopfi ishah yirat-Adonai hi tit'halah.
Tenu-lah mipri yadeha vihal'luha vash'arim ma'aseha.*

A woman of valor - seek her out, for she is to be valued above rubies. Her husband trusts her, and they cannot fail to prosper. All the days of her life she is good to him. She opens her hands to those in need and offers her help to the poor. Adorned with strength and dignity, she looks to the future with cheerful trust. Her speech is wise and the law of kindness is on her lips. Her children rise up to call her blessed, her husband likewise praises her. Many women have done well, but you surpass them all. Charm is deceptive and beauty short lived, but a woman loyal to her Elohim has truly earned praise. Give her honor for her work; her life proclaims her praise.

Wife will bless her husband:

אֲשֶׁר־אִישׁ יִרְאֵ אֶת־יְיָ בְּמִצְוֹתָיו חָפֵץ מְאֹד. גִּבּוֹר בְּאֶרֶץ
יְהִיָּה זֶרְעוֹ דּוֹר יִשְׂרָיִם יְבָרָךְ. הוֹן־וְעֹשֶׁר בְּבֵיתוֹ וְצַדִּיקְתּוֹ
עֹמֶדֶת לְעַד. זָרַח בַּחֲשֶׁךְ אֹר לְיִשְׂרָאֵל חֲנוּן וְרַחוּם וְצַדִּיק.
טוֹב־אִישׁ חוֹנֵן וּמְלֹוֹה יְכַלְכֵּל דְּבָרָיו בְּמִשְׁפָּט. כִּי־לְעוֹלָם
לֹא־יִמּוֹט. לְזֵכֶר עוֹלָם יְהִיָּה צַדִּיק. מִשְׁמוּעָה רָעָה לֹא יִירָא
נֶכּוֹן לְבוֹ בְּטַח בְּיָיָ. סָמוּךְ לְבוֹ לֹא יִירָא אֵד אֲשֶׁר־יִרְאֶה
בְּצָרָיו. פִּזַּר נָתַן לְאֲבִיּוֹנִים צַדִּיקְתּוֹ עֹמֶדֶת לְעַד קָרְנוֹ תָרוּם
בְּכָבוֹד.

Ashrey-ish yare et-Adonai b'mitzvotav chafetz m'od. Gibor ba'aretz yiyeh zar'o dor y'sharim y'vaorach. Hon-va'osher b'veyto v'tzidkato omedet la'ad Zarach bachoshech or la'sharim hanun v'rachum v'tzadik. Tov-ish chonen umalveh y'chal'kel d'varav b'mishpat. Ki-l'olam lo-yimot l'zecher olam yihyeh tzadik. Mishmuah ra'ah lo yirah nachon libo batuach ba'Adonai. samuch libo lo yira ad asher-yireh v'tzarav. Pizar natan laev'yonim tzidkato omedet la'ad karnu tarum b'chavod.

Blessed is the man who fears Adonai, who greatly delights in His commandments. His descendants will be honored in the land. The generation of the upright will be blessed. His household prospers, and his righteousness endures forever. Light dawns in the darkness for the upright; for the one who is gracious, compassionate and just. Good is the man who lends gracefully, his affairs are just. He is not afraid of evil tidings; his mind is firm, trusting in Adonai. His heart is steady, he will not be afraid. He has distributed freely, he has given to the poor; his righteousness endures forever; his life is exalted in honor.

Birkat HaBanim - Blessing the Children

Father blesses his sons:

יְשִׁמְךָ אֱלֹהִים כְּאֶפְרַיִם וְכַמְנַשֶּׁה.

Yesimcha Elohim k'ef'raim v'chim'nashe.

May Adonai bless you as Ephraim and Manasseh.

Father blesses his daughters:

יְשִׁמְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה.

Yesimech Elohim k'Sarah Rivkah Rachel v'Leah.

May Adonai bless you as Sarah, Rebecca, Rachel and Leah.

Father blesses his children:

May it be the will of our Father in heaven to place in your heart the love and fear of Him. May the fear of Adonai be upon your face all the days of your life, so that you will not sin. May your desire be toward Torah and Mitzvot. May your eyes look straight forward and may your heart meditate in reverence. May your hands be engaged in Mitzvot. May your feet hasten to do the will of your Father in heaven. May the Almighty grant you children, who will grow up to be righteous, occupying themselves in Torah and Mitzvot all their days. May your source be blessed and may He grant that your livelihood come with honesty, ease and abundance; from His generous hands and not from the hands of men. A livelihood that will free you to serve Elohim. May you be inscribed and sealed for a good long life together along with all the righteous of Israel.

Birkat Cohanim - Priestly Blessing

The father then blesses his entire family.

יְבָרְכֶךָ יְיָ וְיִשְׁמְרֶךָ.
יָאֵר יְיָ פָּנָיו אֵלֶיךָ וְיַחַנְּנֶךָ.
יֵשֵׂא יְיָ פָּנָיו אֵלֶיךָ וְיִשֵּׂם לְךָ שְׁלוֹם.

*Y'varech'cha Adonai v'yish'merecha.
Yaer Adonai panav elecha vichunecha.
Yisa Adonai panav elecha v'yasem l'cha shalom.*

May Adonai bless you and keep you.
May Adonai make His face shine upon you
and be gracious unto you.
May Adonai lift up His countenance upon you
and give you peace.

Kiddush - Blessing over the wine

All lift cup of wine:

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגֶּפֶן.

Baruch ata Adonai Eloheinu Melech HaOlam borei p'ree hagafen.

Blessed art Thou, Adonai Eloheinu, King of the universe,
Creator of the fruit of the vine.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְרָצָה בָּנוּ, וְשִׁבַּת קֹדֶשׁ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָנוּ, זְכוּר
לְמַעֲשֵׂה בְּרֵאשִׁית. כִּי הוּא יוֹם תְּחִלָּה לְמִקְרָאֵי קֹדֶשׁ זֵכֶר
לְיִצְיַאת מִצְרָיִם. כִּי בָנוּ בְּחֵרָתְךָ, וְאוֹתָנוּ קִדְּשָׁתָּ, מִכָּל הָעַמִּים.
וְשִׁבַּת קֹדֶשׁ בְּאַהֲבָה וּבְרָצוֹן הִנְחִילָתָנוּ. בְּרוּךְ אַתָּה יְיָ,
מִקְדֵּשׁ הַשַּׁבָּת.

*Baruch ata Adonai Eloheinu Melech HaOlam, asher kidshanu
b'mitzvotav v'ratza vanu, v'shabbat kadsho b'ahava uv'ratzon
hin'chilanu, zikaron l'ma'asey v'reyshiyt. Ki hu yom t'chila l'mikraey
kodesh zecher litziat mitzrayim. Ki vanu vachar'ta v'otanu kidashta
mikal ha'amim. V'shabbat kadsh'ka b'ahava uv'ratzon hin'chaltanu.
Baruch ata Adonai m'kadesh hashabbat.*

Blessed art Thou, Adonai Eloheinu, King of the universe, who sanctifies us with His commandments and has given us as an inheritance His Holy Sabbath in love and in favor, a reminder of the works of creation. For it is the first day among the festivals of holiness, a remembrance of the Exodus from Egypt. For You have chosen us from amongst all peoples and have given us as an inheritance, Your Sabbath, in love and favor. Blessed art Thou, Adonai, who makes the Sabbath holy.

Rachatz - Washing the Hands

All wash their hands starting with the Father.

שְׂאוּ יְיָ יְדְכֶם קֹדֶשׁ וּבְרָכוּ אֶת-יְיָ. וְאֶשָּׂא-כַפֵּי אֶל-מִצְוֹתֶיךָ אֲשֶׁר
אָהַבְתִּי. וְאֶשְׁיַחָה בְּחֻקֶיךָ.

*S'uh y'daychem kodesh uv'rachu et Adonai. V'esah kappai el mitzvotecha
asher ahav'ti v'asicha v'chukecha.*

Lift up your Holy hands and bless Adonai. And I shall lift up my hands to Your commandments which I love and I shall meditate on Your statutes.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו
וְצִוָּנוּ עַל נְטִילַת יָדַיִם.

*Baruch ata Adonai Eloheinu Melech HaOlam asher kidshanu b'mitzvotav
v'tzivanu al n'tilat yadayim.*

Blessed art Thou, Adonai Eloheinu, King of the universe, Who sanctifies us with His commandments and commands us about washing the hands.

Ha Motzi - The Blessing over the Bread

Father lifts the bread and all say:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם חֲמוּצֵי אֶרֶץ לֶחֶם מִן הָאָרֶץ.

Baruch ata Adonai Eloheinu Melech HaOlam hamotzi lechem min ha'aretz.

Blessed art Thou, Adonai Eloheinu, King of the universe, Who brings forth bread from the earth.

Songs: Shabbat Shalom
Am Yisrael Chai

Shabbat Meal

Birkat Ha Mazon Grace After Meals

שִׁיר הַמַּעֲלוֹת, בְּשׁוּב יְיָ אֶת שִׁיבַת צִיּוֹן, הָיִינוּ כְּחֹלְמִים. אֲזַי מָלֵא
שְׂחֹק פִּינוּ וּלְשׁוֹנֵינוּ רִנָּה, אֲזַי לֵאמָרוּ בְּגוֹיִם, הִגְדִּיל יְיָ לַעֲשׂוֹת עִם
אֱלֹהֵי. הִגְדִּיל יְיָ לַעֲשׂוֹת עִמָּנוּ, הָיִינוּ שְׂמֵחִים. שׁוּבָה יְיָ אֶת שְׁבִיתָנוּ,
כְּאֶפְיָקִים בְּנֶגֶב. הִזְרַעִים בְּדַמְעָה, בְּרִנָּה יִקְצְרוּ. הָלוֹךְ יֵלֵךְ וּבָכָה
נִשְׂא מִשֶּׁךְ הַזֶּרַע, בֹּא יבֹא כְּרִנָּה נִשְׂא אֶלְמֹתָיו.

Shir hama'alot, b'shuv Adonai et shivat tzion, hayinu k'cholmim. Ahz yimalei s'chok pinu ul'shoneinu rina, ahz yom'ru vagoyim, higdil Adonai la'asot im eileh. Higdil Adonai la'asot imanu, hayinu s'meichim. Shuvah Adonai et sh'viteinu, ka'aphikim banegev. Hazurim b'dimah, b'rinah yiktzoru. Halok yeileich uvachoh nosei meshek hazara, bo yavo v'rinah nosei ahlumotav.

(Psalm 126) When Adonai restores the fortunes of Zion we see it as in a dream our mouths shall be filled with laughter, our tongues, with songs of joy. Then shall they say among the nations, "Adonai has done great things for them!" Adonai will do great things for us and we shall rejoice.

Restore our fortunes, O Adonai, like watercourses in the Negev.
They who sow in tears shall reap with songs of joy.
Though he goes along weeping, carrying the seed bag,
he shall come back with songs of joy, carrying his sheaves.

Father:

רְבוֹתֵי נְבָרֵךְ.

Rabotai Nevarech.

Gentlemen let us bless.

Family:

יְהִי שֵׁם יי מְבָרֵךְ מֵעַתָּה וְעַד עוֹלָם.

Y'hi Shem Adonai m'vorach m'ata v'ad olam.

May the Name of Adonai be blessed forever and ever.

Father:

יְהִי שֵׁם יי מְבָרֵךְ מֵעַתָּה וְעַד עוֹלָם. נְבָרֵךְ אֱלֹהֵינוּ שֶׁאֲכַלְנוּ
מִשְׁלוֹ.

*Y'hi Shem Adonai m'vorach m'ata v'ad olam. N'varech Eloheinu
she'achal'nu mishelo.*

May the Name of Adonai be blessed forever and ever.

Let us bless Eloheinu, by Whom we have eaten.

Family:

בָּרוּךְ אֱלֹהֵינוּ שֶׁאֲכַלְנוּ מִשְׁלוֹ וּבְטוֹבוֹ חַיֵּינוּ.

Baruch Eloheinu she'achal'nu mishelo uv'tuvo chayinu.

Blessed is Eloheinu, by Whom we have eaten and through His
goodness we live.

Father:

בָּרוּךְ אֱלֹהֵינוּ שֶׁאֲכַלְנוּ מִשְׁלוֹ וּבְטוֹבוֹ חַיֵּינוּ.
בָּרוּךְ הוּא וּבְרוּךְ שְׁמוֹ.

*Baruch Eloheinu she'achal'nu mishelo uv'tuvo chayinu.
Baruch Hu uvaruch Sh'mo.*

Blessed is Eloheinu, by Whom we have eaten and through His goodness we live. Blessed be He and Blessed be His name.

Family:

Blessed art Thou, Adonai, Eloheinu, King of the universe, Who feeds the whole world with thy abundant goodness, and with grace, kindness, and mercy gives food to every creature. As Your great goodness has never been deficient toward us, so may we never want for sustenance forever and ever; for the sake of Your great Name, for You are the Elohim Who feeds and sustains all, Who deals bountifully with all and provides food for all creatures You have created. Blessed art Thou, O Adonai, Eloheinu, Who gives food to all.
Amen

Blessed art Thou, Adonai, Eloheinu, King of the universe, the Almighty, our Father, our King, our Sovereign, our Creator, our Redeemer, our Maker, our Holy One, Holy One of Jacob, our Shepherd, the Shepherd of all Israel, the King Who is good and Who does good for all. For every single day He did good, He does good, and He will do good to us. He was bountiful with us, He is bountiful with us, and He will forever be bountiful to us - with grace and with kindness and with mercy, with relief, salvation, success, blessing, help, consolation, sustenance, support, mercy, life, peace and all good; and of all good things may He never deprive us. Amen

Father:

וְעַל הַכֹּל יְיָ אֱלֹהֵינוּ אֲנַחְנוּ מוֹדִים לָךְ וּמְבָרְכִים אוֹתְךָ יִתְבָּרַךְ
שְׁמֶךָ בְּפִי כָל חַי תָּמֵד לְעוֹלָם וָעֶד. כִּכְתוּב וְאָכַלְתָּ
וּשְׂבַעְתָּ וּבֵרַכְתָּ אֶת יְיָ אֱלֹהֶיךָ עַל הָאָרֶץ הַטֹּבָה אֲשֶׁר נָתַן לָךְ.
בָּרוּךְ אַתָּה יְיָ עַל הָאָרֶץ וְעַל הַמְּזוֹן.

*V'al hacol Adonai Eloheinu anachnu modim lach um'var'chim otach
yit'barach shim'cha b'fi col chai tamid l'olam va'ed. Cacatuv v'achal'ta
v'sava'ta uverach'ta et Adonai elohecha al ha'aretz hatova asher natan
lach. Baruch ata Adonai al ha'aretz v'al hamazon.*

For all, Adonai Eloheinu, we thank You and bless You. May Your name be blessed by the mouth of all the living, continuously for all eternity. As it is written: 'And you shall eat and you shall be satisfied and you shall bless Adonai Eloheinu, for the good land which He gave you. Blessed art Thou, Adonai, for the good land and for the nourishment.

Family:

וּבְנֵה יְרוּשָׁלַיִם עִיר הַקֹּדֶשׁ בְּמַהֲרָה בְיָמֵינוּ. בָּרוּךְ אַתָּה
יְיָ בּוֹנֵה בְרַחֲמָיו יְרוּשָׁלַיִם. אָמֵן.

*Uv'ne y'rushalayim ir hakodesh bim'hera b'yameynu. Baruch ata
Adonai boneh b'rahamao y'rushalayim. Amen.*

Rebuild Jerusalem, the Holy City, soon in our days. Blessed art Thou, Adonai, who rebuilds Jerusalem in His mercy. Amen.

הַרְחַמֵּן הוּא יִנְחַלְנוּ יוֹם שְׁכָלוּ שַׁבַּת וּמְנוּחָה לְחַיֵּי
הָעוֹלָמִים.

*Harachaman Hu yan'chileynu yom Shechulo Shabbat um'nucha l'chayey
ha'olamim.*

The compassionate One! May He cause us to inherit the day which
will be completely a Sabbath and a rest day for eternal life.

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל
כָּל יִשְׂרָאֵל וְאָמְרוּ אָמֵן.

*Oseh shalom bim'romav hu ya'aseh shalom aleynu v'al kol Yisrael
v'imru amen.*

May He who makes peace in His high places, make peace upon us
and upon all Israel. Amen.

Father:

יְיָ עֹז לְעַמּוֹ יִתֵּן יְיָ יְבָרֵךְ אֶת עַמּוֹ בְּשְׁלוֹם.

Adonai oz l'amo yitein Adonai y'varech et amo va'shalom.

May Adonai give strength to His people. May Adonai bless His
people with peace.

Shabbat Shalom

Havdalah

The Closing of the Sabbath

Shema

All Sing:

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד.
בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Shema, Yisrael, Adonai Eloheinu Adonai echad.

Baruch shem k'vod malchuto l'olam vaed.

Hear, O Israel, Adonai Eloheinu, Adonai is one.

Blessed be His name, His glorious kingdom is forever and ever.

שְׁמַע יִשְׂרָאֵל יְיָ אֱלֹהֵינוּ יְיָ אֶחָד וְאֵת אֱתָת
יְהִי אֱלֹהֵיךְ בְּכָל לְבַבְךָ וּבְכָל נְפִשְׁךָ וּבְכָל מַאֲדָךְ וְהָיוּ
הַרְבֵּי-אֱלֹהִים הָאֵלֹהִים אֲשֶׁר אֲנִי מֵיְמֵי הַיּוֹם עַל לְבָבְךָ וְשִׁנְתָם
לְבַבְךָ וְדַבְרֹת בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלַכְתְּךָ בְּדֶרֶךְ
וּבְשִׁכְבְּךָ וּבְקוּמְךָ וּקְשִׁרְתָם לְאֹזֶן עַל יָדְךָ וְהָיוּ לְטֹטְפֹת
בֵּין עֵינֶיךָ וְנִתְבַּחְתָּם עַל מִזְוֹת בֵּיתְךָ וּבְשִׁעְרֶיךָ
וְהָיָה אִם שָׁמַעַתְּ שִׁמְעוּ אֵל מִצְוֹתֵי אֲשֶׁר אֲנִי
מְצַוֶּה אֲתֶכֶם הַיּוֹם כִּי אֶהְיֶה אִתְּךָ אֱלֹהֵיכֶם וְלַעֲבֹד
בְּכָל לְבַבְכֶם וּבְכָל נְפִשְׁכֶם וּבְתִמְתִּימֵי אַרְצְכֶם בְּעֹתוֹ
יִרְהוּ וּמִלְקוּשֵׁי וְאִסְפֹּת דִּבְנֵי וְתִירְשֵׁן וְיִצְהַרְךָ וְנִתְּנִי
עֲשֵׂב בְּשִׂדְךָ לְבַהֲמֹתֶךָ וְאָכַלְתָּ וְשִׁבְעִיתָ הַשְּׂמֹר וְלֶכֶם
פֶּן יִפְתֹּה לְבַבְכֶם וְסָרְתֶם וְעִבְדִיתֶם אֱלֹהִים אֲחֵרִים
וְהִשְׁתַּחֲוִיתֶם לָהֶם וְיָחֲדָה אִתְּךָ יְתוֹת בָּכֶם וְעִזְרָת
הַשָּׁמַיִם וְלֹא יִהְיֶה מִשְׁרָ וְתִאֲדַמְתָּ לֹא תִתֵּן אֶת יְכֹלָה
וְאֵבֶדְתֶּם מְהֵרָה מֵעַל הָאָרֶץ הַטֹּבָה אֲשֶׁר יְהוָה נָתַן לָכֶם
וְשִׂמְתֶם אֶת דְּבַר אֱלֹהֵי עַל לְבַבְכֶם וְעַל נְפִשְׁכֶם וְקִשְׁרְתֶם
אֶתֶם לְאֹזֶן עַל יָדְכֶם וְהָיוּ לְטֹטְפֹת בֵּין עֵינֵיכֶם וְלִמְדֹת
אֶתֶם אֶת בְּנֵיכֶם לְדַבֵּר בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבְלַכְתְּךָ
בְּדֶרֶךְ וּבְשִׁכְבְּךָ וּבְקוּמְךָ וְנִתְבַּחְתֶּם עַל מִזְוֹת בֵּיתְךָ
וּבְשִׁעְרֶיךָ לְמִעַן יִדְבּוּ יְמֵיכֶם וְיָמֵי בְנֵיכֶם עַל הָאָדָמָה
אֲשֶׁר נִשְׁבַּע יְהוָה לְאֲבֹתֵיכֶם לֵאמֹר לְהֵם כִּימֵי הַשָּׁמַיִם
עַל הָאָרֶץ

The Eight Scriptures

Father: "Behold! My El Yeshua! I will trust and not be afraid."
(Isaiah 12:2)

Family: "Because my strength and my song is Yah Hashem and He has been to me my Yeshua." (Isaiah 12:2)

Father: "With joy you will draw water from the wells of Yeshua." (Isaiah 12:3)

Family: "Adonai brings Yeshua, His blessing to His people."
(Psalm 3:9)

Father: "Adonai of Hosts is with us; the Elohim of Jacob is our stronghold," (Psalm 46:12)

Family: "Adonai of Hosts, happy is the man that trusts in you."
(Palm 84:13)

Father: Save us, Adonai; answer us O King, on the day we call upon You." (Psalm 20:10) "For the Jews there was light and joy, gladness and honor - so may it be with us." (Esther 8:16)

Family: "I will raise the cup of salvation and call upon the name of Adonai". (Psalm 116:13)



Kiddush - Blessing over the wine

All lift cup of wine:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרֵי הַגָּפֶן:

Baruch ata Adonai Eloheinu Melech HaOlam borei p'ree hagafen.

Blessed art Thou, Adonai Eloheinu, King of the universe, Creator of the fruit of the vine.

Blessing over the spices

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִיְּנֵי בְשָׂמִין:

Baruch ata Adonai Eloheinu Melech HaOlam borei minei v'samin.

Blessed art Thou, Adonai Eloheinu, King of the universe, Creator of the many spices.

Blessing over the Havdalah Candle

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מְאוּרֵי הָאֵשׁ:

Baruch ata Adonai Eloheinu Melech HaOlam borei m'ohrei ha'eish.

Blessed art Thou, Adonai Eloheinu, King of the universe, Creator of the light of fire.

The Havdalah Prayer

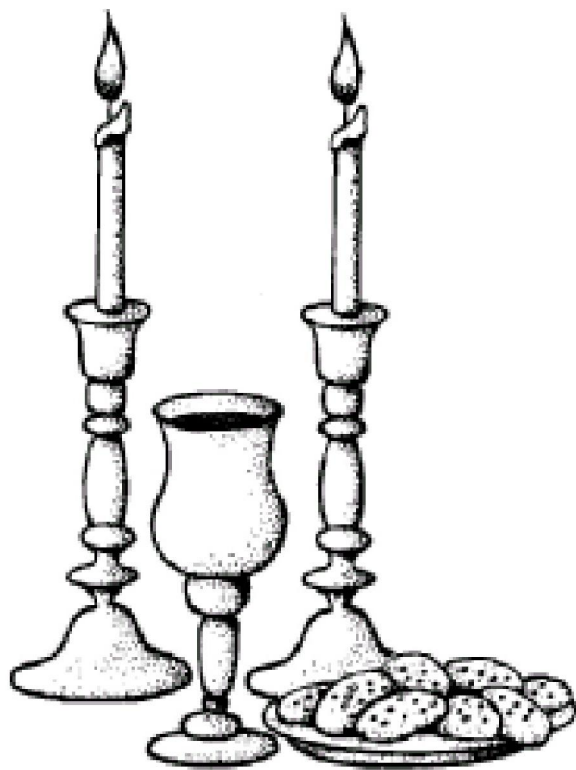
בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמְבַדִּיל בֵּין קֹדֶשׁ לְחוֹל
בֵּין אֹר לְחֹשֶׁךְ בֵּין יִשְׂרָאֵל לְעַמִּים בֵּין יוֹם הַשְּׁבִיעִי לְשֶׁשֶׁת
יָמֵי הַמַּעֲשֵׂה: בָּרוּךְ אַתָּה יְיָ הַמְבַדִּיל בֵּין קֹדֶשׁ לְחוֹל:

*Baruch ata Adonai Eloheinu Melech HaOlam hamavdil bein kodesh l'chol
bein or l'choshech bein Yisrael la'amim bein Yom Hash'vi'i l'sheshet y'mei
hama'ase. Baruch ata Adonai hamavdil bein kodesh l'chol.*

Blessed art Thou Adonai Eloheinu King of the Universe, who separates
holy from profane, light from darkness, Israel from the other nations, the
seventh day from the six days of work. Blessed art Thou O Adonai who
separates holy from profane.

Greet one another with "**Shavua Tov!**" "A Good Week!"

Let Us Welcome Erev Shabbat



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